

If you could talk to the animals

□ Kim Pickett, a 'horse whisperer,' says she can decipher the minds of horses and dogs

By Lauren Higbee

If you've ever wondered about what Fido is really thinking about or why your horse behaves so oddly, Kim Pickett is here to help with animal communication.

"Our culture invalidates the possibility of animal communication. We think

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John Welsh

Kim Pickett performs "body work" (healing therapy) on Daniel, a horse owned by Jane Richards of Chester Springs.

Healer says she knows what animals think

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they are dumb beings or don't have the capacity to communicate," said Pickett.

Pickett is an alternative healer and horse whisperer who uses animal communication in order to help animals. Although Pickett works with all types of animals, she mainly works with horses and dogs. She also deals with humans who suffer from chronic pain, since she has had personal experience in the area.

Animal communication is the act of interchanging thoughts with domesticated animals. It's about being aware of the signals that animals are sending to us and learning how to respond.

"The language of the mind is loud and noisy, while the language of the heart is soft and

subtle," noted Pickett during a recent interview.

Animal communication comes in a variety of forms. Some people see pictures while others get sensory information such as smells, tastes, or sounds. Some people even receive dialogue from animals.

Pickett, a Chester Springs resident, believes that it is a natural skill that is inborn: "It is an instrument that we all have that we don't use, an internal guiding system."

Pickett was "a horsewoman from way back." She was a professional rider with the U.S. Equestrian Team when her life changed dramatically after she was in a car accident. After the accident Pickett suffered from horrible chronic pain. Nothing in conventional medicine was helping her, so she began

studying alternative medicine. She finally found relief, so she began to study the subject and eventually became a healing arts practitioner for people and animals.

She first realized her abilities one day when she was working with a horse whose shoulder was hurt. Pickett began to receive pictures of how the horse had hurt his shoulder and then began to hear dialogue from the horse. She was confused and didn't really know what had happened. When she went to ask the owner how the horse had injured himself, the owner described the accident exactly as the horse had told her.

Then she started developing her practice and learning about animal communication.

"Animals have rich lives,

They have opinions; they have preferences just like we do. They know when we need their help," said Pickett.

Pickett offers many workshops for humans and their pets. On June 14 she will hold a workshop called "Animal Communication" at the Center for Human Integration in Philadelphia. The workshop is designed to help animal owners communicate better with their pets. On Sept. 27 and 28, she will be having an animal communication workshop at Spring Haven Center in Malvern. She is currently working on a book about animal communication that is untitled as of press time.

For more information about animal communication and upcoming workshops, contact Pickett at 610-363-1452.